Project Management Foundations - 2-day Workshop

Category: Project Management & Business Skills | **Vendor:** PMI

Rating: ⭐ 4.6 (5,878 reviews)

Course Information

Delivery Format: Instructor Led - Online

Course Overview

Organizations that apply project management best practices complete projects on time 28% more often and on budget 24% more often. The Project Management Foundations workshop delivers the knowledge and hands-on experience needed to apply essential project management skills across predictive, agile, or hybrid approaches. Aspiring and current project managers, team leads, and professionals who manage projects gain the tools to define project scope, engage project stakeholders, and create project plans that fit the organizational environment. This fundamental, discussion-driven course aligns with PMI guidelines and can be applied toward maintaining PMP or other Project Management Institute certifications. Participants also explore AI-powered tools and develop leadership and management capabilities for successful project execution. Note: This project management course provides 16 PMI PDUs and a certificate of completion.

About This Course

Organizations that apply project management best practices complete projects on time 28% more often and on budget 24% more often. The Project Management Foundations workshop delivers the knowledge and hands-on experience needed to apply essential project management skills across predictive, agile, or hybrid approaches. Aspiring and current project managers, team leads, and professionals who manage projects gain the tools to define project scope, engage project stakeholders, and create project plans that fit the organizational environment. This fundamental, discussion-driven course aligns with PMI guidelines and can be applied toward maintaining PMP or other Project Management Institute certifications. Participants also explore AI-powered tools and develop leadership and management capabilities for successful project execution. Note: This project management course provides 16 PMI PDUs and a certificate of completion.

Who Should Attend

Anyone seeking to strengthen or refresh their understanding of foundational project management concepts and techniques, including both new and experienced project managers, team leads, and professionals responsible for delivering projects.

Prerequisites & Entry Requirements

General Prerequisites:

No formal prerequisites. A basic familiarity with project work is helpful but not required.

Learning Outcomes

Upon successful completion of this course, participants will be able to:

This workshop will equip you with the knowledge and skills to confidently initiate, plan, execute, and close projects across methodologies. You’ll gain the ability to identify the right approach for your environment, use AI-enhanced tools, and engage stakeholders effectively for project success. By the end of this course, you will be able to: Understand and use project management core terms and concepts Engage and manage stakeholders to support project objectives Develop components of a project management plan for any project size or type Apply predictive, agile, or hybrid best practices for greater project success Integrate AI into project management activities for improved efficiency

Detailed Course Outline

Module 1: Project Context

- Understanding Projects, Products, and Processes
- Project Management and the Stages of the Project Life Cycle
- Key Factors Affecting the Project Environment
- Defining What Project Success Looks Like

Module 2: Project Approach

- Comparing Waterfall and Agile Methodologies
- Agile Manifesto and Core Principles
- Introduction to Scrum and Kanban Frameworks
- Embracing and Managing Change

Module 3: Partnering with Stakeholders

- Key Project Roles and Responsibilities
- Using the Stakeholder Register Effectively
- Creating a Responsibility Assignment Matrix (RAM) and RACI Diagram Exercise

Module 4: Initiating the Project

- Predictive Project Life Cycles
- Developing and Using Project Charters
- Charter Creation Exercise

Module 5: Planning the Project

- Best Practices for Building a Project Management Plan
- Components of a Comprehensive PM Plan
- Balancing Project Constraints

Module 6: Defining Project Scope

- Creating a Work Breakdown Structure (WBS)
- WBS Development Example

Module 7: Defining and Estimating Activities

- Breaking Down Activities into Manageable Tasks
- Defining Activities Exercise
- Understanding Effort vs. Duration
- Estimation Techniques and Resource Planning
- Rolling Wave Planning
- Activity Estimation Exercise

Module 8: Developing the Project Schedule

- Sequencing Activities for Logical Flow
- Understanding Dependencies, Leads, and Lags
- Determining the Critical Path and Float
- Schedule Compression Techniques
- Schedule Presentation Formats
- Budget Development
- Schedule and Budget Creation Exercise

Module 9: Planning Project Communications

- Common Communication Challenges and Best Practices
- Assessing Stakeholder Communication Needs
- Tailoring Communication for Stakeholders
- Creating a Communications Matrix
- Project Communications Plan Exercise

Module 10: Planning Project Risk Management

- Roles and Responsibilities in Risk Management
- Overcoming Risk Identification Challenges
- Identifying Known and Unknown Risks
- Using Contingency Reserves
- Conducting Risk Analysis
- Calculating Expected Monetary Value (EMV)
- Recognizing Risk Triggers
- Maintaining a Risk Register
- Planning Risk Responses
- Risk Register Creation Exercise

Module 11: Artificial Intelligence in Project Management

- Generative AI (GenAI) vs. Artificial General Intelligence (AGI)
- Practical Applications of AI in Project Management
- Understanding the Risks of Using GenAI

Module 12: Executing a Project

- Leading and Managing Projects Effectively
- Building Team Trust and Cohesion
- Engaging Stakeholders Throughout Execution
- Leveraging Power Skills and Emotional Intelligence

Module 13: Overseeing and Controlling the Project

- Distinguishing Between Monitoring and Controlling Activities
- Change Management Processes
- Tracking Progress and Reporting Results
- Controlling the Project Schedule
- Monitoring Communications, Risks, and Stakeholder Engagement
- Top 10 Project Monitoring and Controlling Practices
- Project Tracking Requirements Exercise

Module 14: Closing a Project

- Closing Projects, Phases, or Milestones
- Capturing and Applying Lessons Learned
- Celebrating Project Achievements

Module 15: Wrap-Up

- Reviewing Open Items (“Parking Lot” Review)
- Key Takeaways, Confirmations, and New Ideas

Upcoming Schedule

Available training dates for Project Management Foundations - 2-day Workshop:

Start Date	End Date	Location	Delivery	Price
30 Nov 2026	01 Dec 2026	Online	Virtual	€1,295.00
14 Dec 2026	15 Dec 2026	Online	Virtual	€1,295.00

Frequently Asked Questions

Q: What delivery options are available for Project Management Foundations - 2-day Workshop?

We offer multiple delivery formats:

- Live Instructor-Led Classroom Online (Virtual/Live Online)
- Traditional Instructor-Led Classroom Training (ILT)
- On-site delivery at your offices anywhere in United Kingdom
- Private dedicated courses customized for your team

Q: Do you provide corporate training for Project Management Foundations - 2-day Workshop?

Yes, we provide corporate training, dedicated training, and closed classes for Project Management Foundations - 2-day Workshop. Training can take place anywhere in United Kingdom including London, Manchester, Birmingham, Edinburgh, or live online allowing teams from across United Kingdom or internationally to attend.

Q: Why choose Nexus Human for Project Management Foundations - 2-day Workshop?

Nexus Human is recognized as one of the leading training providers. Our trainers have won multiple awards including:

- Small Firms Best Trainer Award
- National Training Partner of the Year (Ireland) - Multiple Years
- Global Top 30 Instructor Awards (2012, 2019, 2021)
- Tech Excellence Award Nominations
- Learning Performance Institute (LPI) External Training Provider Sponsor 2024

Q: Are there any discount codes available?

Yes! Use discount code **PENPAL5** when booking your Project Management Foundations - 2-day Workshop training. Please note that only one discount code can be used per booking and cannot be combined with other special offers.

Nexus Human

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