Positive Assertiveness & Inclusive Leadership

Category: Professional & Leadership Development | **Vendor:** Various

Duration: 16.00 hours (2 days) **13.0 CPD Hours** **Rating:** ⭐ 4.6 (5,878 reviews)

Course Information

Delivery Format: Instructor Led - Online

Course Overview

Positive Assertiveness is both a communication style and behavior pattern that is fully expressive without being either dominant or passive. According to the tenets of Transactional Analysis, disruptive and unproductive behaviors arise from non-assertive behaviors. On the other hand, organizations that foster positive assertiveness benefit from increased agility, better decision making, higher job mobility and job satisfaction and improved flow of critical information. The personal benefits of Positive Assertiveness include a greater sense of well-being, decreased stress and more focused self-development. This course focuses on the practices of emotional intelligence and self-governance that allow a posture of Positive Assertiveness. Tactics and techniques to use Positive Assertiveness to influence and elevate team members out of disruptive or counter-productive behaviors.

About This Course

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Who Should Attend

Supervisors, Managers, Directors or anyone with direct reports

Learning Outcomes

Upon successful completion of this course, participants will be able to:

- Define positive Assertiveness and the posture of inclusive leadership - Learn about how thoughts and actions affect feelings and posture - Identify four communication styles and their impact on workplace behavior - Establish an inclusive posture with empathetic listening across verbal and non-verbal channels - Use Positive Assertiveness to affect change in disruptive behaviors - Build consensus and reduce barriers

Detailed Course Outline

1 - Introduction: What is Assertiveness?

2 - Dimensions of Communication

3 - Posture Positive: Body Language

4 - Disruptive Behaviors

5 - Barriers and Consensus

6 - Summary

Frequently Asked Questions

Q: What delivery options are available for Positive Assertiveness & Inclusive Leadership?

We offer multiple delivery formats:

- Live Instructor-Led Classroom Online (Virtual/Live Online)
- Traditional Instructor-Led Classroom Training (ILT)
- On-site delivery at your offices anywhere in United Kingdom
- Private dedicated courses customized for your team

Q: How many CPD hours does this course provide?

The 2-day Positive Assertiveness & Inclusive Leadership course provides up to 13.0 CPD hours of structured learning. CPD certificates can be provided upon request.

Q: What is the duration of the Positive Assertiveness & Inclusive Leadership training?

The training takes place over 2 day(s), with each day lasting approximately 16.00 hours including breaks for lunch and refreshments.

Q: Do you provide corporate training for Positive Assertiveness & Inclusive Leadership?

Yes, we provide corporate training, dedicated training, and closed classes for Positive Assertiveness & Inclusive Leadership. Training can take place anywhere in United Kingdom including London, Manchester, Birmingham, Edinburgh, or live online allowing teams from across United Kingdom or internationally to attend.

Q: Why choose Nexus Human for Positive Assertiveness & Inclusive Leadership?

Nexus Human is recognized as one of the leading training providers. Our trainers have won multiple awards including:

- Small Firms Best Trainer Award
- National Training Partner of the Year (Ireland) - Multiple Years
- Global Top 30 Instructor Awards (2012, 2019, 2021)
- Tech Excellence Award Nominations
- Learning Performance Institute (LPI) External Training Provider Sponsor 2024

Q: Are there any discount codes available?

Yes! Use discount code **PENPAL5** when booking your Positive Assertiveness & Inclusive Leadership training. Please note that only one discount code can be used per booking and cannot be combined with other special offers.

Nexus Human

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