Emotional Intelligence for Business Professionals

Category: Professional & Leadership Development | **Vendor:** Various

Duration: 8.00 hours (1 days) **6.5 CPD Hours** **Rating:** ⭐ 4.6 (5,878 reviews)

Course Information

Delivery Format: Instructor Led - Online

Course Overview

It was once believed that intelligence was the metric that would determine a person\'s success in the workplace. Intelligence matters because it contributes to your ability to do your job. But intelligence is not the best indicator of whether or not you\'ll succeed. Your ability to understand and manage your own emotions, and get along well with others, has at least as much impact on your performance and effectiveness as intelligence. In this course, you\'ll explore strategies to increase your awareness of your emotions, develop your ability to manage your emotions, and improve your social skills. Private classes on this topic are available. We can address your organization’s issues, time constraints, and save you money, too. Contact us to find out how.

About This Course

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Who Should Attend

Individuals taking this course are business professionals seeking to develop or increase their emotional intelligence.

Learning Outcomes

Upon successful completion of this course, participants will be able to:

Identify the components of emotional intelligence and recognize how emotional intelligence benefits organizations. Assess and develop your personal emotional intelligence competencies. Assess and develop your social emotional intelligence competencies. Practice emotional intelligence in common workplace scenarios.

Detailed Course Outline

1. Recognizing the Benefits of Emotional Intelligence

- Define Emotional Intelligence
- Recognize EQ\'s Impact on Work Experience

2. Increasing Your Personal Emotional Intelligence in the Workplace

- Develop Your Level of Self-Awareness
- Develop Your Self-Regulation Skills
- Develop Your Motivation

3. Increasing Your Social Emotional Intelligence in the Workplace

- Develop Your Empathy
- Develop Your Social Skills

4. Practicing Emotional Intelligence in the Workplace

- Practice Emotionally Intelligent Leadership
- Build an Emotionally Intelligent Team
- Manage Change
- Manage Conflict
- Coach for Performance

Frequently Asked Questions

Q: What delivery options are available for Emotional Intelligence for Business Professionals?

We offer multiple delivery formats:

- Live Instructor-Led Classroom Online (Virtual/Live Online)
- Traditional Instructor-Led Classroom Training (ILT)
- On-site delivery at your offices anywhere in United Kingdom
- Private dedicated courses customized for your team

Q: How many CPD hours does this course provide?

The 1-day Emotional Intelligence for Business Professionals course provides up to 6.5 CPD hours of structured learning. CPD certificates can be provided upon request.

Q: What is the duration of the Emotional Intelligence for Business Professionals training?

The training takes place over 1 day(s), with each day lasting approximately 8.00 hours including breaks for lunch and refreshments.

Q: Do you provide corporate training for Emotional Intelligence for Business Professionals?

Yes, we provide corporate training, dedicated training, and closed classes for Emotional Intelligence for Business Professionals. Training can take place anywhere in United Kingdom including London, Manchester, Birmingham, Edinburgh, or live online allowing teams from across United Kingdom or internationally to attend.

Q: Why choose Nexus Human for Emotional Intelligence for Business Professionals?

Nexus Human is recognized as one of the leading training providers. Our trainers have won multiple awards including:

- Small Firms Best Trainer Award
- National Training Partner of the Year (Ireland) - Multiple Years
- Global Top 30 Instructor Awards (2012, 2019, 2021)
- Tech Excellence Award Nominations
- Learning Performance Institute (LPI) External Training Provider Sponsor 2024

Q: Are there any discount codes available?

Yes! Use discount code **PENPAL5** when booking your Emotional Intelligence for Business Professionals training. Please note that only one discount code can be used per booking and cannot be combined with other special offers.

Nexus Human

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