Effective Leadership through Coaching

Category: Professional & Leadership Development | **Vendor:** Various

Duration: 16.00 hours (2 days) **13.0 CPD Hours** **Rating:** ⭐ 4.6 (5,878 reviews)

Course Information

Delivery Format: Instructor Led - Online

Course Overview

In the face of rapid, disruptive change, companies understand that command-and-control leadership is no longer viable. As a result, many firms are moving toward a coaching model in which managers facilitate problem solving and encourage employees' development by asking questions and offering support and guidance rather than giving orders and making judgments. Leaders can use the GROW and Thought models of coaching to become more skilled at listening, questioning, and drawing insights out of the people they supervise. Private classes on this topic are available. We can address your organization's issues, time constraints, and save you money, too. Contact us to find out how. This course has been approved for 14 PDUs | 14 CDUs

About This Course

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Who Should Attend

Anyone managing the performance of others, including executives, managers, supervisors and team leaders will benefit from this course.

Prerequisites & Entry Requirements

General Prerequisites:

While there are no prerequisites for this course, please ensure you have the right level of experience to be successful in this training.

Learning Outcomes

Upon successful completion of this course, participants will be able to:

Learn how coaching can help employees achieve their full potential Recognize common coaching challenges Explain the key principles of the Thought model Understand the four steps of the GROW model Create important guidelines for providing feedback Apply strategies that will motivate employees

Detailed Course Outline

The Purpose and Effect of Coaching

- What is Coaching?
- Characteristics and Beliefs of the Effective Coach
- Coaching Obstacles
- Knowing When to Manage and When to Coach

Coaching and The Thought Model

- The CFTAR Thought Model
- Point of View and Belief Systems
- Applying The Thought Model
- Facts vs. Stories

Coaching with the GROW Model

- Goals in the Context of GROW
- Clarifying the Current Reality
- Exploring the Past
- Developing Options and Choosing the Approach
- Creating the Final Plan

Navigating The Coaching Process

- Dimensions of Trust
- Identifying Obstacles and the SPAR Process
- Overcoming Resistance
- Giving Feedback Effectively
- Motivating Your Employee

Frequently Asked Questions

Q: What delivery options are available for Effective Leadership through Coaching?

We offer multiple delivery formats:

- Live Instructor-Led Classroom Online (Virtual/Live Online)
- Traditional Instructor-Led Classroom Training (ILT)
- On-site delivery at your offices anywhere in United Kingdom
- Private dedicated courses customized for your team

Q: How many CPD hours does this course provide?

The 2-day Effective Leadership through Coaching course provides up to 13.0 CPD hours of structured learning. CPD certificates can be provided upon request.

Q: What is the duration of the Effective Leadership through Coaching training?

The training takes place over 2 day(s), with each day lasting approximately 16.00 hours including breaks for lunch and refreshments.

Q: Do you provide corporate training for Effective Leadership through Coaching?

Yes, we provide corporate training, dedicated training, and closed classes for Effective Leadership through Coaching. Training can take place anywhere in United Kingdom including London, Manchester, Birmingham, Edinburgh, or live online allowing teams from across United Kingdom or internationally to attend.

Q: Why choose Nexus Human for Effective Leadership through Coaching?

Nexus Human is recognized as one of the leading training providers. Our trainers have won multiple awards including:

- Small Firms Best Trainer Award
- National Training Partner of the Year (Ireland) - Multiple Years
- Global Top 30 Instructor Awards (2012, 2019, 2021)
- Tech Excellence Award Nominations
- Learning Performance Institute (LPI) External Training Provider Sponsor 2024

Q: Are there any discount codes available?

Yes! Use discount code **PENPAL5** when booking your Effective Leadership through Coaching training. Please note that only one discount code can be used per booking and cannot be combined with other special offers.

Nexus Human

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