Developing Interpersonal Skills

Category: Professional & Leadership Development | **Vendor:** Various

Duration: 8.00 hours (1 days) **6.5 CPD Hours** **Rating:** ⭐ 4.6 (5,878 reviews)

Course Information

Delivery Format: Instructor Led - Online

Course Overview

The ability to work effectively with others is the hallmark of great team members and leaders. Without the ability to understand how your words and actions may be interpreted, you run the risk of sabotaging your team’s and organization’s goals, as well as your own professional development. As easy as it sounds, interacting with others in positive ways that promote great collaboration is not easy for many. A less stressful and more constructive and enjoyable approach to interpersonal interactions can be learned and will benefit everyone. This workshop will prepare you for the interpersonal situations inherent in every facet of business, whether working with colleagues, partners, vendors, or clients. This course has been approved for 7 PDUs | 7 CDUs

About This Course

The ability to work effectively with others is the hallmark of great team members and leaders. Without the ability to understand how your words and actions may be interpreted, you run the risk of sabotaging your team’s and organization’s goals, as well as your own professional development. As easy as it sounds, interacting with others in positive ways that promote great collaboration is not easy for many. A less stressful and more constructive and enjoyable approach to interpersonal interactions can be learned and will benefit everyone. This workshop will prepare you for the interpersonal situations inherent in every facet of business, whether working with colleagues, partners, vendors, or clients. This course has been approved for 7 PDUs | 7 CDUs

Who Should Attend

Managers and other professionals who want to gain the critical skills to successfully interact with or lead others through cooperative teamwork, as well as those desiring to improve their overall communication skills will benefit from this course.

Learning Outcomes

Upon successful completion of this course, participants will be able to:

Understand the importance of interpersonal skills and what contributes to one’s ability Practice five essential competencies for successfully interacting with others Utilize multiple aspects of communicating to make interpersonal connections Recognize different levels of conversation depth and how to navigate them Challenge habits and reframe situations to build confidence for easier interpersonal interactions

Detailed Course Outline

1. The Importance of Interpersonal Skills

- Interpersonal skills assessment
- Consider the whole person
- IQ, EQ, and Personality

2. Interpersonal Competencies

- Five essential competencies
- Effective listening
- Asking questions
- Practicing empathy
- Using words for clarity
- Being composed

3. Communicating to Connect

- Non-verbal communication
- The Mehrabian Myth
- Mirroring others
- The signals you send

4. Getting Beyond Small Talk

- Why small talk matters
- The Conversation Ladder
- Creating a spark

5. Building Confidence

- Common interpersonal fears
- Challenge your mindset
- First impressions
- Expanding your confidence circle

Frequently Asked Questions

Q: What delivery options are available for Developing Interpersonal Skills?

We offer multiple delivery formats:

- Live Instructor-Led Classroom Online (Virtual/Live Online)
- Traditional Instructor-Led Classroom Training (ILT)
- On-site delivery at your offices anywhere in United Kingdom
- Private dedicated courses customized for your team

Q: How many CPD hours does this course provide?

The 1-day Developing Interpersonal Skills course provides up to 6.5 CPD hours of structured learning. CPD certificates can be provided upon request.

Q: What is the duration of the Developing Interpersonal Skills training?

The training takes place over 1 day(s), with each day lasting approximately 8.00 hours including breaks for lunch and refreshments.

Q: Do you provide corporate training for Developing Interpersonal Skills?

Yes, we provide corporate training, dedicated training, and closed classes for Developing Interpersonal Skills. Training can take place anywhere in United Kingdom including London, Manchester, Birmingham, Edinburgh, or live online allowing teams from across United Kingdom or internationally to attend.

Q: Why choose Nexus Human for Developing Interpersonal Skills?

Nexus Human is recognized as one of the leading training providers. Our trainers have won multiple awards including:

- Small Firms Best Trainer Award
- National Training Partner of the Year (Ireland) - Multiple Years
- Global Top 30 Instructor Awards (2012, 2019, 2021)
- Tech Excellence Award Nominations
- Learning Performance Institute (LPI) External Training Provider Sponsor 2024

Q: Are there any discount codes available?

Yes! Use discount code **PENPAL5** when booking your Developing Interpersonal Skills training. Please note that only one discount code can be used per booking and cannot be combined with other special offers.

Nexus Human

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